

Restarting Outdoor Competitive Grassroots Football



Clifford Juniors



All players, parents, coaches, volunteers, spectators, club officials must read the FA [detailed-covid-19-guidance-on-re-starting-competitive-grassroots-football](#). Please confirm that you have read and understood the guidance by completing the form in the email (also linked [here](#)). Players and coaches will not be able to take part in football activity until this form has been completed.

In addition, we have provided summary information which is specific to Clifford Juniors

- 1a. [Summary Information for parents/carers and players](#)
- 1b. [Summary Information for coaches](#)
2. [Risk Assessment \(to be continually reviewed and updated\)](#)

1a. Summary Information for parents/carers and players

- **Prior to each session (training or game), in line with Government guidance, everyone should [self-assess for COVID-19 symptoms](#). If you are symptomatic or living in a household with possible or actual COVID-19 infection you must not participate or attend**
- Players must arrive changed and ready to exercise.
- Ensure your child brings their own water bottle and their own hand sanitiser, both clearly marked with their name. These, along with any other equipment (e.g. goalkeeping gloves) must not be shared with others.
- Please ensure that your child knows how to maintain good hygiene and hand washing
- Spectators should practise social distancing, in line with Government guidance on two metres or “one metre plus”. You can read the Government guidelines [here](#). At Rhodes Lane, white markers will be sprayed around the perimeter of the ground at 2m intervals. Spectating from the perimeter of the ground will have the added bonus of helping to preserve the pitches.
- All players and spectators should follow best practice for travel, including minimising the use of public transport. People from the same household or support bubble can travel together in a vehicle.
- We are encouraging parents of older age groups (U12s and above) to drop players, or ask them to walk/cycle to the facilities on their own, for training sessions.

1b. Summary Information for coaches

- Please ensure you have read all the information in the [detailed-covid-19-guidance-on-re-starting-competitive-grassroots-football](#), along with the information contained in this document.

Summary points

- **Prior to each session (training or game), in line with Government guidance, everyone should [self-assess for COVID-19 symptoms](#). If you are symptomatic or living in a household with possible or actual COVID-19 infection you must not participate or attend.**
- **Coaches need to check that all players and parents have self-assessed for COVID-19 symptoms, prior to each training session or match**
- Equipment should only be handled by coaches
- Equipment must be cleaned by the coaches at the end of each session.
- Ensure that you keep a register for each training session/match
- Remind players of good hygiene habits and social distancing. Page 8 and 9 of the detailed guidance explain the steps which need to be taken.

2. Risk Assessment (to be continually reviewed and updated)

The Risk Assessment below is specific to controlling the spread of Covid-19. This should be used alongside the existing risk assessment developed for the club as a whole.

Theme	Key considerations and actions required	Any additional controls	By whom	By when	Notes/Future Actions
Hygiene	<p>Promoting good hygiene</p> <ul style="list-style-type: none"> • All players to be instructed bring their own hand sanitiser to each coaching session and game • Coaches to direct players to hand sanitise at regular intervals (e.g. half time) • Players should arrive with all their own gear (water bottles, goalkeeper gloves, etc.). No sharing rule. 	<ul style="list-style-type: none"> • Additional hand sanitiser provided for each age group. • Additional hand sanitiser located at the clubhouse • Players reminded to wash hands following each coaching or match session • Parents asked to clearly label bottles and hand sanitiser 	<p>All</p> <p>Coaches</p> <p>All</p>		
Equipment and facilities	<p>Ensuring equipment is only handled by a limited number of people</p> <ul style="list-style-type: none"> • Equipment must be cleaned by coaches at the end of each session. • Coaches need to be the only ones to handle the equipment before, during and after the sessions • “No hands” rule for all players except when taking a throw-in and Goalkeepers. • “No hands” rule for spectators returning the balls to the field of play (i.e. kick the ball back to players). • Disinfect the ball a suitable breaks in play (half time, etc) 	<ul style="list-style-type: none"> • Coaches to remind parents and players of the no-hands rule 	Coaches		

	<ul style="list-style-type: none"> • Players should not use the clubhouse except in exceptional circumstances and must be supervised • Cleaning schedule put in place appropriate to each clubhouse. 	<ul style="list-style-type: none"> • Only one player at a time to use the toilet facilities 	Volunteer parent		<ul style="list-style-type: none"> • Separate risk assessment section required for clubhouse facilities
Social distancing	<p>Maintaining social distancing</p> <ul style="list-style-type: none"> • Coaches apply modifications to help maintain social distancing between players during sessions • Apply two metre markings around the perimeter of the ground for spectators • Encourage parents and carers of older age group (U12 and above) to drop players off for training sessions • No group size to be bigger than 30 (including coaches) 		Coaches ASY Parents Coaches		
Communication (including track and trace)	<ul style="list-style-type: none"> • Ensure all parents and carers, players and coaches are fully informed about the measures put in place to manage risk • In line with Government guidance, everyone should self-assess for COVID-19 symptoms before every training session or match. If you are symptomatic or living in a household with possible or actual COVID-19 infection you must not participate or attend • Parents to provide contact information to support NHS track and trace procedures • Coaches to keep a register of players at each session (training and match) 	<ul style="list-style-type: none"> • Written consent from parents to say that they have read and understood the activities been offered to the players and agree with the measures put in place to manage any risks. 	ASY		

First Aid	<ul style="list-style-type: none"> • If the situation is deemed to be life threatening, the first aider will respond (first aiders please read the detailed guidance given here). • In non-life threatening situations we will ask that the parent/carer administer the first aid. 		Coach/first aider Parent		
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